

## Dress Code – Standards of Modesty

Linfield Christian School (LCS) desires to create an educational atmosphere that honors God and maximizes learning. Modesty, moderation, neatness, cleanliness, and gender distinction are the overriding principles of the LCS dress code and are values expected to be embraced by all LCS students whenever they are on campus or attending a school-related activity. All wardrobe related decisions are at the discretion of school administration. Clothing should be clean, neat, and appropriately sized. Clothing that is excessively tight, baggy, dirty, or sloppy is not allowed. Modesty is *very* important. Clothing and/or any pictures, drawings, symbols, or values advertising/promotional material that promote drugs, alcohol, tobacco, anti-Americanism, racism, or sexual promiscuity is not allowed. ***Parental review and support before a student leaves for school is an important aspect of meeting dress code standards.*** Students are expected to arrive in uniform and remain in wardrobe attire until they depart from school for the day. Students must be in modest dress at all times while on campus or attending all school events, or participating in co-curricular activities.

The intent of these guidelines is to allow some variety of tastes within the wardrobe framework of modesty, decency, and appropriateness. If attire is not appropriate, student will be required to change into suitable clothing in order for the student to continue the day of classes. Students will not be permitted to attend class until they are in approved wardrobe. Consequences for not following the dress regulations will result in discipline outlined by each division administrator.

Modesty Guiding Principle – *It is a violation of the dress code to show underwear, midriff, lower back, or cleavage at any time (including while leaning over or raising the arms).*

The administration is the final authority in determining and interpreting dress code policies including, but not limited to, the definitions of modesty, moderation, neatness, cleanliness, gender distinction, and natural color.

### APPROVED VENDORS (listed in order of priority):

- Dennis Uniform (*Primary Vendor*) – You may purchase clothes at the San Diego Dennis Uniform store or online, via the Dennis Uniform website ([www.dennisuniform.com](http://www.dennisuniform.com)). Please use Linfield Christian School code of DLT.
- Lands' End (*Secondary Vendor*) – You may purchase select items online via the Lands' End website ([www.landsend.com/school](http://www.landsend.com/school)). Linfield preferred school number is 9001-0954-7. Please see the Lands' End item list for specifics.

### Wardrobe Items:

#### Tops:

- Polos (short or long sleeve) from Dennis or Lands' End. MUST include "Linfield Christian" logo (Acceptable shirt colors available: White, Navy, Light Blue, Maroon, Pink, Gray, and Black). Students may not wear any other top/shirt (including a button-up shirt) OVER a polo shirt.
- Solid white blouses, with collars and sleeves, may only be purchased from Dennis and Lands' End. All blouses must include the LCS logo and must be buttoned up appropriately.
- White and Blue Oxfords (not French blue) may be purchased from Dennis or Lands' End only and must include the LCS logo.
- Undershirts (long sleeve or short sleeve) may be worn under polos or blouses, but not over them.

### **Pants and Walking Shorts:**

- Navy and Khaki flat panel, pleated or cargo pants (baggy cargo pants are NOT permitted)
- Navy and Khaki walking or cargo shorts (Knee length for Middle School and High School. Modest, mid-thigh for Elementary School).
- All pants and shorts must be worn above hips (boys and girls).
- Pajama pants or sleepwear are not permitted, except on approved dress up days.
- Students are not permitted to wear any clothing where undergarments are visible or exposed.
- Leggings are not permitted as pants or shorts and may only be worn under skirts/skorts.

### **Skirts & Skorts**

- Girls may wear approved, knee length plaid skirts & skorts (only those ordered from Dennis Uniforms).
- Only girls may wear skirts & skorts

### **Capris, Jumpers:** Navy and Khaki capris & jumpers

- Plaid jumpers for girls will be available ONLY from Dennis Uniform (No jumpers are allowed at the High School level).
- No undergarments should be visible at any time.
- Leggings must be modest and appropriate in design.

### **Outerwear:**

- Jackets and Sweatshirts do not have to be purchased through approved vendors, nor must they include a LCS logo; however, they must not contradict fundamental Christian values.
- A logo uniform shirt must be worn under outerwear at all times.

### **Jewelry/Accessories:**

- Body piercing (lip, eyebrow, etc.) is not allowed, including gauges and nose plugs.
- Girls may wear earrings in ears, or small nose studs; boys are not allowed to wear earrings during the school day.
- Body tattoos may not be visible during the school day and during school-sponsored activities.
- Other accessories considered dangerous are not allowed.
- Sunglasses are not to be worn inside unless required for verified medical reasons.
- Accessories including socks that are contrary to fundamental Christian values are not acceptable

### **Footwear:**

- Health regulations require that shoes be worn at all times.
- Soft-soled slippers are not permitted, including on dress-up days.
- Elementary school
- Elementary school students may not wear flip flops; all sandals must have a back strap.
- During PE, appropriate shoes must be worn at all times.

### **Hairstyles and hair:**

- Hair color must not be extreme (pink, blue, purple, or other non-natural color).
- For girls, no extreme styles are permitted.

- For boys, must be out of the eyes and kept out of the face; in addition, mohawks and extreme styles are not permitted. Hair must be well groomed.

#### **Hats/Beanies/Hoods:**

- Boys and girls may only wear baseball caps, beanies, or hats on spirit days.
- Beanies or hoodies may not be worn inside of buildings or classrooms.

#### **Spiritwear:**

- Frequency of “Spirit” days and other “Dress Up” days will be determined at each campus by the division principal. On these designated days, students may wear Linfield jerseys, Linfield T-shirts, or collegiate shirts promoting accredited universities and colleges, or is part of a Linfield outreach or ministry (Door of Faith, Operation Christmas Child, etc).
- Blue, black or gray jean pants/capri’s may be worn on spirit days only. Distressed jeans or jeans with holes are not permitted.
- Jean shorts and skirts are not permitted.
- Leggings are not permitted on spirit days.

#### **Game Days for Athletes:**

- On home game days, athletes are allowed to wear their sport specific uniform top (as specified by their coach) with school wardrobe pants or shorts. Sweatpants are not permitted. An athlete not in specified dress must be in school uniform.

#### **Rehearsals:**

- All-day rehearsals: please note that you must be in spirit-wear (jeans, spirit-wear t-shirt, no tanks or cami’s, etc.) for any school day rehearsal. This will enable you to return to campus and/or enter a school building should you need to attend a class, take a quiz/test, or visit a teacher.
- Evening rehearsals: modest dress for boys and girls (no tanks or cami’s, etc.)

#### **Wardrobe Providers:**

- Dennis Uniforms and Lands’ End are the style standard for LCS.
- All LCS items purchased from Dennis Uniform are approved.
- Only select items from Lands’ End are “approved” - see “Lands’ End item list” PDF (located at [www.linfield.com](http://www.linfield.com)).

Note, Lands’ End items not shown on list or from other Lands’ End website areas or departments may not be appropriate for Linfield Wardrobe Program.

- Appropriate “Fit and Finish”: Fit: Clothes must be purchased in the correct size and worn appropriately (not too tight, not too loose, etc.). Finish: Clothes must be in good condition and not torn, ripped, faded, altered, tied or pinned up.

#### **NON-WARDROBE DAYS (including dress up days)**

- Students must still observe all modesty guiding principles, including but not limited to: jeans may not be distressed or have holes, no cleavage for girls, no bare shoulders, no tank tops or cami’s, and all skirts/dresses/shorts must be modest. Leggings (including tight workout apparel) are not permitted as pants

or shorts at any time. Students who are participating in a class activity/presentation must be in wardrobe in all of their other classes. They may not remain in non-wardrobe clothing for the remainder of the day.

UNSURE? If a student or parent is unsure about any aspect of the dress code or any article of clothing, he or she is advised to ask the Assistant Principal directly for clarification BEFORE the student chooses to wear the item to school.

### **Health Policy**

The physical health and safety of each student is of the utmost importance. All students are required to comply with California's vaccination requirements (please click [here](#) for more information).

Please take the initiative to keep your child at home when he/she is ill. Most importantly, do not return your child to school until he/she is able to participate fully in the normal school day. The school does not have a nurse on staff.

If a student becomes ill or has an emergency for which immediate treatment is necessary, the school will rely on the information in the student's Mylinfield.com to notify the parent, or other adult designated in Mylinfield.com. There must be at least two additional adults listed as emergency contacts. Parents or guardians are responsible, once notified, for having their ill child picked up promptly. The office staff will call other persons on the emergency release section of Mylinfield.com if the parent or guardian cannot be reached or if they cannot come within thirty minutes.

The school is not permitted to dispense prescription or nonprescription medication, including aspirin or Tylenol, without prior written consent from a licensed physician/healthcare provider who has the responsibility for the medical management of the student. All such requests must be signed by the parent or guardian as well. Students are not to have any medication in their possession at school without consent from the MS/HS Principal (insulin, inhalers, epi pens).

If your student requires medication for any reason, it may be administered at school only if the following procedures are adhered to:

1. An adult must bring the medication to the school office. This applies to all cough drops and vitamins as well as prescribed drugs.
2. A medication contract must be completed, signed by the physician and parent, and on file in the school office. No medicine will be administered without a medication contract on file.
3. Nonprescription medication must be in the original package or container, marked with the student's name, along with the directions for administering the dosage.
4. All prescription medication must be clearly identified with the student's name, in a pharmaceutical container describing the directions for administering the dosage, the time to be administered, the physician's name, and date medication is to be discontinued.

We are pleased to advise you that the school has acquired a supplemental insurance policy that covers students while involved in school supervised activities. This policy is a secondary policy to the student's primary coverage. Claim forms are available in the Business Office or Athletic Offices.

### **Steroid/Performance Enhancing Supplement Policy**

Linfield Christian School recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the School's drug prevention and intervention efforts, the administration, faculty and staff shall take reasonable steps to work with parents to prevent students from using steroids or other performance enhancing supplements.